

Lent begins on Ash Wednesday February 17, 2021

Ash Wednesday Masses

8:00 am, 12:00 Noon, and 6:15 pm.

Note: The 6:15 pm Mass will be attended by our PSR students and their families.

Reconciliation During Lent

Every Saturday at 4:30 pm

Every Sunday at 9:00 am and 11:00 am

Thursday, March 25, 4:00 - 5:30 pm

Saturday, March 27, 8:30 - 10:00 am

Stations of the Cross

Every Friday, 3:00 pm

Eucharistic Adoration

Every Thursday, 8:30 am - 7:30 pm

Good Friday, 12:00 Noon - 3:00 pm

Anointing of the Sick

At the recommendation of the Archdiocese, we will not have a communal Anointing during Lent. Anyone who needs this sacrament should contact Fr. Mark to make arrangements for a private Anointing.

Lenten Regulations

- Ash Wednesday and Good Friday are days of Fast and Abstinence
- All Fridays in Lent are days of Abstinence

Fast – One full meal a day, with two smaller meals, and no food between meals (liquids are permitted). Obligatory for ages 18-59.

Abstinence - Refraining from meat at all meals. Obligatory for ages 14 and older.

Spiritual Activities / Daily Messages

Following Jesus in Freedom and Love

A virtual Lenten retreat offered by Fr. James Mason, rector of Kenrick-Glennon Seminary.

<https://kenrick.edu/following-jesus/>

Augustine Institute Formed

<https://formed.org>

Dynamic Catholic Best Lent Ever

<https://dynamiccatholic.com/best-lent-ever>

Bishop Barron Lenten Reflections

<https://www.lentreflections.com>